Scan to register your quiz

The Ambitious Quiz

Big questions. Bigger impact.

Ambitious about Autism

Welcome

Hello and thank you for joining our Ambitious Quiz!

Every April, people across the UK come together for **World Autism Acceptance Month** – a time to celebrate autistic people and help build a society that works for everyone.

By hosting this quiz, you're helping Ambitious about Autism create more understanding, more opportunities, and more inclusive spaces for autistic children and young people.

Whether you're in the office, at the pub, or around the kitchen table – your quizzing efforts will help us change lives.

Thank you

Who we are

Ambitious about Autism is the national charity standing with autistic children and young people. We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We champion rights, campaign for change and create opportunities.

Autistic young people are at the heart of everything we do and all our programmes are co-produced with them. Autistic young people want exactly the same thing as neurotypical people. They want the chance to make connections, develop skills and become independent.

4 out of 5
young autistic people have mental health conditions.

79%
of autistic people feel socially isolated.

Only 30%
of autistic people are in any kind of paid employment even though the vast majority can, and want, to work.

Jackson's story

I don't think Jackson would be the young man he is now had it not been for the support of Ambitious about Autism.

We received his autism diagnosis when he was three years old – but once you get the diagnosis, there's nothing there.
You realise you have to fight and fight hard.

Jackon is a loving and delightful young man, but he has epilepsy and an acute phobia of dogs which makes him anxious and could lead to a seizure. He has minimal language and finds it hard to express his feelings. Jackson joined Ambitious about Autism's Treehouse School aged five and quickly settled in. There was never a day that he didn't want to go to school. The team wasted no time in getting to know him and understand him.

I am filled with gratitude for their support of Jackson. Helping a child to overcome barriers and build belief in their own abilities is the best thing you can do for them. It's what all parents want for their children. Ambitious about Autism helps autistic children and young people, like Jackson, to do this. The charity is a movement made up of amazing people, experts and champions that stand with autistic children, young people and their families.

Helen, Jackson's mum.
Jackson attended Treehouse School and Ambitious College

How you can make a difference

£5 could help parents and carers experiencing challenging situations access vital information and support through our Talk about Autism online platform.

£10 could buy seeds and gardening equipment for our horticulture programme. Our ‘Seed to Sell’ initiative helps autistic children and young people enjoy time outdoors and develop their entrepreneurial spirit.

£25 could reduce loneliness and isolation through an autistic young person accessing a special interest group through our Ambitious Youth Network.

£50 could support a family in crisis. Our family support team provide telephone advice and guidance on welfare, health, and legal matters.

£100 could provide autistic young people with one-to-one careers information and guidance. With very few autistic people in employment, providing this support is vital to accessing the workplace.

How to get started

Here are our top tips for hosting an epic quiz night with your friends, family or colleagues.

1

Find a venue
This could be at a community space, a local pub or your workplace. (Lots of pubs often let out spaces for free as it helps to bring in customers!)

2

Set your date
Pick a date that doesn't clash with any major events. A weeknight is always a good idea as people are more likely to be free!

3

Shout about it
Let everyone know about your event. Send emails, WhatsApp messages and post across your socials. You can use one of **our poster templates** to promote your event too.

4

Plan your quiz questions
You can find lots of brilliant quizzes online or you can also keep scrolling to see our suggested quiz rounds. Make sure you've printed out lots of question and answer sheets ahead of the event. Don't forget pens too!

5

Entrance fees
We recommend charging a minimum £5 per person fee. People can pay this via an online fundraising page or you can take cash donations. See page 11 of this pack for more information on paying your money in.

6

Who is your Quiz Master?
This could be you, or a friend that's confident in groups of people. It's important that your Quiz Master reminds everyone that you're there to raise funds for autistic children and young people. You can even show this **video**, which illustrates the impact of Ambitious about Autism's work.

How to get started (continued)

7

Joker card rule
Boost your fundraising with the Joker card rule. Here is how it works:

a) **Distribution:** Give each team a Joker card at the start (either from a pack of cards or just a piece of paper that says ‘joker’).

b) **Playing the card:** Teams can play this card in one round to double their points by donating £15 for example.

c) **Timing:** Teams must inform the Quiz Master before the round starts.

d) **Strategy:** Advise teams to use it on a round they feel confident in to maximise points.

8

Winners prize
Make sure you have something to give the winning team. This could be a framed certificate or something more extravagant. Having a prize makes things more competitive!

9

Thank you!
Make sure to thank everyone for taking part in your event, tell them how much you’ve raised and remind them of the positive impact their generosity will have on autistic children and young people.

10

Keeping track of donations
After the event, make sure you count your cash with a witness present. Note down how much you have and keep it in a secure place. You can keep the cash and donate this directly to your online page as soon as possible. Head to page 11 to find out more about getting the money to us safely.

11

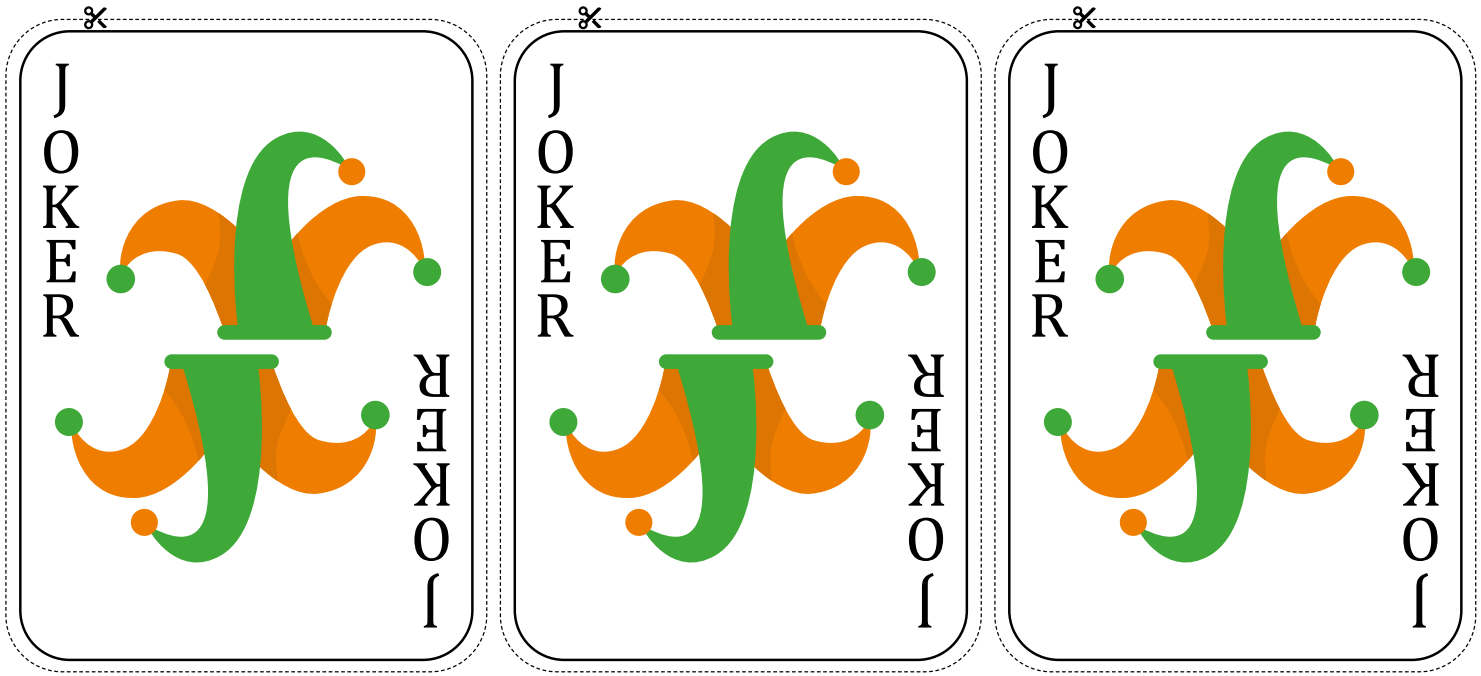
Accessibility
When hiring a venue, check that all equipment is safe and that the space is wheelchair accessible. Ensure there are accessible toilets, parking, and transport options. For private events, ask guests about any access needs in advance. You can find more information about keeping your event safe and accessible at the back of the pack.

How to get started (continued)

Round	Points available
1 General knowledge	20
2 Autism myths and facts	10
3 Music round	20
4 Film round	20
Total:	**70**

Playing a joker will double your score for one round and may be purchased for a donation of your choice. Please hand your joker to the Quiz Master before your selected round commences.

Here is a joker template that you can print out for each team for them to use in the quiz:



On the next page we have question and answer sheets for you to print out.

Top quizmaster tips

1

Run through your quiz before the big night
Try a practice run with a friend who won't be playing – it's a great way to check your pacing and make sure the questions are clear.

2

Pack extra pens and paper
You'll be surprised how quickly they vanish.

3

Know your venue
If you're using a projector or sound system, test everything beforehand. Make sure there are enough chairs and tables for your teams to get comfy.

4

Set the scene
Start the quiz by setting the scene and bring the cause to life by sharing a **video about our work.**

5

Take your time
Read each question clearly and repeat it once. A steady pace keeps everyone engaged – and gives those deep thinkers at the back a fighting chance.

6

Recap before you mark
At the end of each round, check if anyone needs a repeat of a question. Then get teams to swap papers with their neighbours to mark answers – a bit of friendly rivalry never hurts!

7

Reveal the answers
Announce each answer clearly and with a touch of drama. Ask a helper to tally the scores so you can keep your focus on the fun. Keep a running total if you can – people love to know who's leading.

Top quizmaster tips

8

Take a halfway breather
A quick break halfway through keeps energy levels high. Grab a drink, let teams chat, and reveal who's out in front so far.

9

Crown your champions
Once the final scores are counted (and triple-checked), announce your top three teams. Offer a prize if you have one - even a modest trophy or a chocolate bar works wonders for bragging rights.

10

Say a big thank you
Wrap up by thanking everyone for taking part and supporting **Ambitious about Autism**. Share a quick reminder of what their donations help achieve and encourage teams to tag photos using **#AmbitiousQuiz**. You could even announce your fundraising total so far - the perfect feel-good finish.

Boost your fundraising total

Want to raise a little extra? Try these easy add-ons:

Mini raffle: Ask local businesses to donate prizes for a raffle.

Bake sale or snack stall: Sell sweet treats or snacks to give your fundraising a tasty boost.

Matched giving: Ask your employer if they'll match your team's donation.

Organise a sweepstake: A sweepstake is a really easy way to add a bit of competitive fun to your fundraising. Anything that could get people guessing in other ways than the quiz. Another simple idea is to play how many sweets in a jar.

Creating your fundraising page

It's time to tell the world about incredible quiz event. The more people that you reach, the more donations you'll see rolling in!

Setting up a fundraising page
You can set up a fundraising page with JustGiving directly linked to Ambitious about Autism. Creating an online page is brilliant as it allows your supporters to donate quickly and easily. Still unsure? This helpful **guide** will take you through the set up step by step. To make it as easy as possible we have also created a page on Just Giving that you can link your own event to by clicking **here**.

Get a QR code for your page
Creating your page with JustGiving allows you to **download a QR code** specific to your page. A QR code is a black and white bar code unique to your page that your supporters can scan from their phones to get to your page, making donations easier than ever. You can add the QR code to posters or save it to the camera roll in your phone to share with family and friends.

Paying your money in

If you've created an online fundraising page, you don't have to worry about this bit! The money you raise will come directly to us from the fundraising platform.

You can also donate via:

1. **Our website**
   ambitiousaboutautism.org.uk/donate

2. **By bank transfer**
   If you would like to transfer the money through your bank account, please contact the Events Fundraising Team who will provide you with more details at **events@ambitiousaboutautism.org.uk**

3. **By post**
   Send a cheque payable to "Ambitious about Autism" to:

   FAO Events Fundraising Team
   The Pears National Centre for Autism Education
   Woodside Avenue
   London
   N10 3JA

   Remember to include a note, so we know it's from you.

Round 1 – general knowledge

Ambitious about Autism

Team name _____

	Answer	Score
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		

Ambitious about Autism

Round 2 – autism myths and facts

Team name _____

	Answer	Score
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Round 3 – music, guess the intro

Ambitious about Autism

Team name _____

	Answer	Score
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		

Ambitious about Autism

Round 4 – film

Team name _____

1

Score

2

Score

3

Score

4

Score

5

Score

6

Score

7

Score

8

Score

9

Score

10

Score

Ambitious about Autism

Round 1 – general knowledge

	Question	Answer
1	What is the only US state which does not contain any letters from the word mackerel?	**Ohio**
2	What country has the most castles in the world?	**Germany**
3	Who wrote to Kill a Mockingbird?	**Harper Lee**
4	A person went racing and counted 74 heads and 196 legs – how many horses and humans were there?	**24 horses, 50 humans**
5	How many of Henry VIII's wives were called Catherine?	**3**
6	Who wrote the Iliad?	**Homer**
7	Which word appears most on a tube map?	**Park**
8	Who was the evil teacher in Matilda?	**Miss Trunchball**
9	What was the name of the research project Oppenheimer directed during the second world war?	**Manhattan Project**
10	How many time zones are there in Russia? 5, 9, 11	**11**
11	What is the only word in English to end in "mt"	**Dreamt**
12	Who was the last Anglo Saxon King of England?	**Harold II - Harold Godwinson**
13	What capital is closest to the equator?	**Quito**
14	What country has most islands?	**Sweden – 220,000**
15	What is the name of Prince Harry's memoir?	**Spare**
16	What city hosted the UEFA Euro 2024 final on 14 July?	**Berlin – Olympiastadion**
17	Which Greek island suffered serious fires in 2023 causing many tourists to flee?	**Rhodes**
18	How many ghosts chase Pac-Man at the start of each game?	**Four**
19	In the film Barbie – what was Ken's job?	**Beach**
20	England beat only countries in cricket world cup – name one	**Bangladesh, Pakistan, Netherlands**

Ambitious about Autism

Question and answer sheets

Round 2 – autism myths and facts

	Question	Answer
1	There is an autistic person in every school	**Fact**
2	Everyone is a little bit autistic	**Myth**
3	All autistic people have special abilities	**Myth**
4	Autism cannot be cured	**Fact**
5	Autistic people have different sensory needs	**Fact**
6	Autism is a male condition	**Myth**
8	Many autistic people like routine	**Fact**
7	Autistic people can't live independently	**Myth**
9	Autistic people are shy and introverted	**Myth**
10	Being autistic is part of someone's identity	**Fact**

Ambitious about Autism

Round 3 – music, guess the intro

For this round, create a playlist of these songs or download our playlist from **Spotify**. Play the first 15 seconds of each track for teams to guess. You can adjust the songs to suit your audience!

	Answer	Score
1	Miley Cyrus - **Flowers**	1
2	Olivia Rodrigo - **Vampire**	1
3	Dave / Central Cee - **Sprinter**	1
4	Dua Lipa – **Dance the night**	1
5	Lewis Capaldi - **Pointless**	1
6	Beatles – **Now and then**	1
7	Ed Sheeran – **Eyes closed**	1
8	Billie Eillish – **What was I made for?**	1
9	Taylor Swift – **Is it over now?**	1
10	Raye - **Escapism**	1
11	Marvin Gaye – **Lets get it on** (High Fidelity)	1
12	Elton John – **Crocodile Rock**	1
13	Stevie Wonder - **Superstition**	1
14	Steely Dan – **Reelin in the Years** (Walter Fagan Donald Fagen)	1
15	Gilbert O'Sullivan - **Clair**	1
16	Carpenters – **Yesterday Once More**	1
17	Al Green – **Here I am**	1
18	Stealers Wheel – **Stuck in the middle**	1
19	Roberta Flack – **Killing me softly**	1
20	Deep Purple – **Smoke on the water**	1

Ambitious about Autism

Question and answer sheets

Round 4 – film

For this round, teams have to match the photo to the film.

	Answer
1	**Everything Everywhere All At Once** (2022)
2	**Die Hard** (1988)
3	**Jaws** (1975)
4	**Slumdog Millionaire** (2008)
5	**Shark Tale** (2004)
6	**Bend it like Beckham** (2002)
7	**Killers of the Flower Moon** (2023)
8	**I Am Legend** (2007)
9	**Saltburn** (2023)
10	**True Romance** (1993)

Share your quiz

We are quizzing throughout April and by taking part you are joining a national movement to build understanding and acceptance of autism.

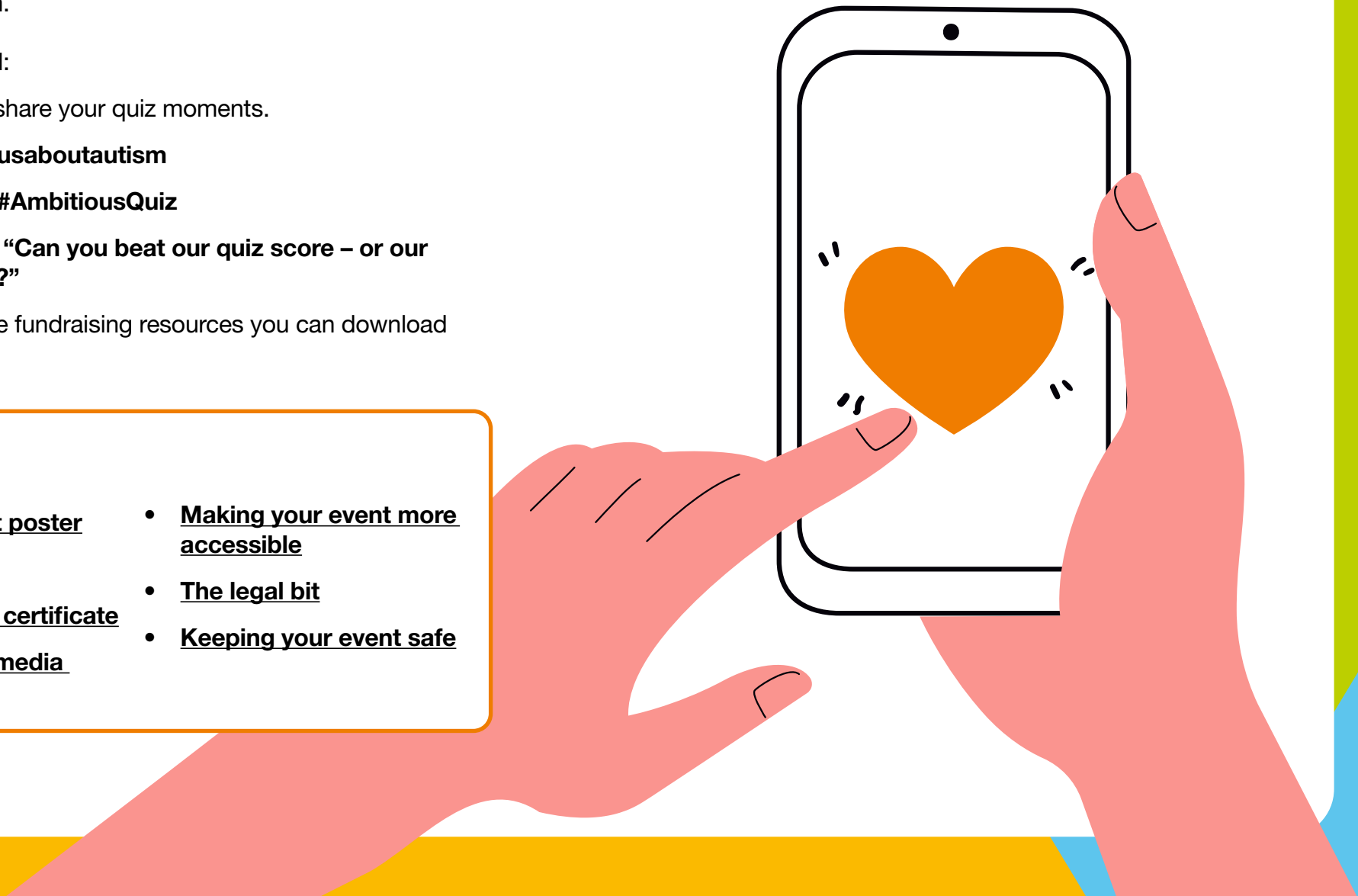
Help spread the word:

- Take photos and share your quiz moments.
- Tag us: **@ambitiousaboutautism**
- Use the hashtag: **#AmbitiousQuiz**
- Challenge others: **“Can you beat our quiz score – or our fundraising total?”**

We have ready-to-use fundraising resources you can download from **our website**.

Downloads

- **Editable event poster**
- **Score sheets**
- **Winning team certificate**
- **Digital social media pack**
- **Making your event more accessible**
- **The legal bit**
- **Keeping your event safe**



Thank you

You've just turned an evening of fun into a better future for autistic young people.

Thank you for supporting Ambitious about Autism. Your quiz night helps autistic children and young people to learn, grow, and live life to the full.

Stay involved:

- **Sign up** for updates and stories from young people you're helping.
- Take on your **next challenge**.
- Keep raising awareness all year round.

Together, we're building a more ambitious world for autistic young people.

Ambitious about Autism

We are Ambitious about Autism

Ambitious about Autism is the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

Contact us

The Pears National Centre for Autism Education
Woodside Avenue, London N10 3JA

020 8815 5444
info@ambitiousaboutautism.org.uk
ambitiousaboutautism.org.uk

Follow us

ambitiousaboutautism
ambitiousaboutautism

Ambitious about Autism is a registered charity in England and Wales: 1063184 and a registered company: 03375255.

Ambitious about Autism Schools Trust is an exempt charity in England and Wales and a registered company: 08335297.