

MY ONE PAGE PROFILE



Catherine Leggett
Training Consultant

WHAT PEOPLE APPRECIATE ABOUT ME

- I have a good memory for written information, facts and figures
- I like to laugh and enjoy meeting people
- I can usually find a solution for a problem
- I am supportive and encouraging to others.



WHAT IS IMPORTANT TO ME

- Changing things for the better for autistic people
- Drumming and performing in my Samba band
- My two cats, my adult daughter and friends
- Fairness for all.



HOW TO SUPPORT ME

- Emailing me to schedule telephone calls, even at short notice
- Not touching me and giving me extra personal space
- Letting me know of any changes to plans as soon as possible
- Giving me time and space to clarify when I need extra detail.

