

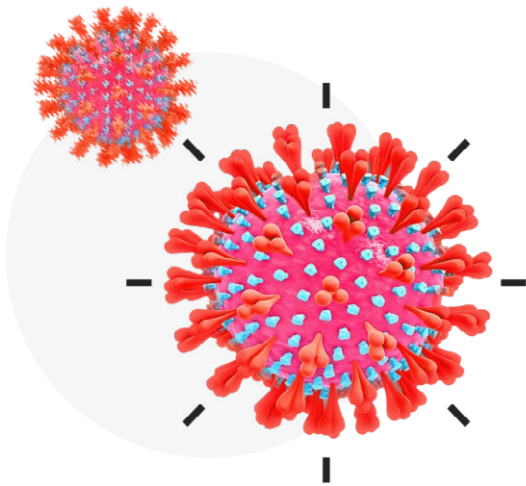


**Ambitious
about Autism**

Coronavirus testing explained

**An easy-read guide explaining
Coronavirus testing at home
when you have no symptoms.**





Coronavirus is a disease that has spread around the world. It has made some people very unwell.

To help stop Coronavirus spreading you could be tested at home twice a week to see if you have the virus, even if you don't have any symptoms.

Having this special test means you can help keep everyone safe.



The test looks like this.



The test will be done by your parent or carer. It won't take long and will be over very quickly.

What will happen when I am tested?



My test will be very quick. It may feel a bit strange and uncomfortable, but it won't hurt me!



I open my mouth wide and say 'AHHH', my parent or carer will rub the swab at the back of my throat for ten seconds.



The swab is removed from my mouth and then it is gently placed up one of my nostrils.

The swab is carefully turned around five times, this will take around 10 – 15 seconds.



The swab is removed with care and placed in liquid for testing.



That's it – my test is done! I will need to wait 30 minutes for my result.



My parent or carer will let me know what happens next.

We are Ambitious about Autism

Ambitious about Autism is the national charity for children and young people with autism.

We provide services, raise awareness and understanding, and campaign for social and policy change. Through TreeHouse School, The Rise School and Ambitious College, we offer specialist education and support.

Our ambition is to make the ordinary possible for more children and young people with autism.

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about Autism**

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