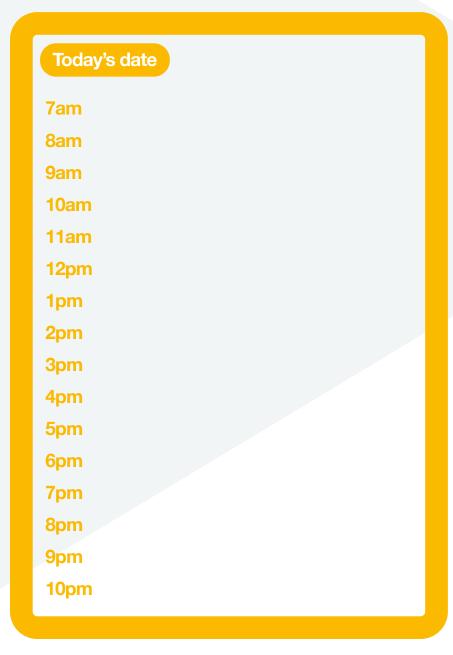
My daily routine











I need to remember!