



**Ambitious
about Autism**



**Enhancing your
autism knowledge:
our training offer for
education professionals**

Contents

Introduction	3
Why choose training from Ambitious about Autism?	4
Our training courses	
Understanding autism for educators	5
Understanding autism for careers and employability professionals	6
Understanding autism for careers professionals in Higher Education	8
Careers Education Framework	9
Supporting autistic children and young people online	10
Transition to employment training	11



Introduction

Our training courses are designed to empower parents, professionals and organisations with greater autism understanding and confidence. We have extensive expertise and experience delivering training courses on a range of topics related to autism and autistic people.

Autistic young people are at the centre of everything we do, and our training content is informed by and co-created with them.

All courses that are CPD accredited indicate the amount of time that the course has been accredited for.

In this brochure you will find an overview of each of our core courses, which are available to book for a group training session. We can deliver all our training courses flexibly and in a format that suits you. We can arrange a date and time that best suits your requirements and deliver in person or online. Our training courses are aimed for groups of 10-25 delegates.

Once a course is booked, we will offer you a pre-meeting with the trainer delivering your session to explore how we can best meet your requirements. This enables us to understand the roles and expectations of the delegates attending, and tailor the course to your needs.

We can also create a bespoke training course to specifically meet your organisation's needs. Please contact us to discuss this training@ambitiousaboutautism.org.uk.



Why choose to train with Ambitious about Autism?

Testimonials

Read what previous delegates had to say about our training courses.

““

The session was excellently delivered, and I thought it was great to hear from the young autistic people to understand their perspective.”

““

An excellent learning session, with great practical advice. I'd definitely recommend.”

““

Excellent training that would be useful to anyone supporting autistic students in education. I will certainly be recommending this to colleagues.”

““

Really valuable session with a lot of useful information and resources. It has made me realise I can help our autistic students get much more out of their career advice and guidance sessions.”

Feedback and evaluation of our training courses reveals:

92%

said they feel better equipped to support autistic people.

93%

felt they were more confident as a professional working with autistic people.

95%

felt they gained knowledge that will be helpful to them as a professional working with autistic people.

88%

felt more connected and know where to access support for autistic people.



Understanding autism for educators

Training objectives

- Understand the four areas of difference that most autistic children and young people experience and how these may impact them in an education setting.
- Explore co-occurring conditions and profiles within autism and how these may impact autistic learners.
- Understand autistic anxiety, how this can be a barrier to accessing learning, and strategies to support learners with anxiety.
- Explore reasonable adjustments that can be made in education settings to support autistic learners to thrive.

Length

Two hours



Suitable for

Education professionals working with autistic children and young people.



Cost

£500

online delivery

£750

in person delivery





Understanding autism for careers and employability professionals

About the course

This four-hour course will support professionals offering careers advice or guidance to autistic people in a range of settings.

Developed in partnership with a range of qualified professionals as well as autistic people, the course will enable careers advisers and employability professionals to confidently support autistic individuals throughout the job application process and much more.

Training objectives

- Identify the key areas of difference that need to be considered when working with autistic people.
- Explore the concept of neurodiversity and how this relates to autistic individuals.
- Explain how communication skills, social interaction, routine and sensory processing impact on autistic individuals' lives and in careers sessions.
- Consider the specific challenges facing autistic people when entering employment.
- Reflect on our learning and consider adjustments to supporting autistic clients in their career search.

Length

Four hours



Suitable for

Professional careers advisers and employability professionals who want to develop their knowledge and insight regarding how to effectively support autistic individuals with their employment and careers choices.



Cost

£1250

online delivery

£1500

in person delivery



CPD time

Four hours





Understanding autism for careers professionals in Higher Education settings

About the course

This training session will help you to identify the key areas of difference that need to be considered when working with autistic young people and adults. You will gain greater insight into how autistic people experience the world around them and how to make adjustments that will improve your practice.

Training objectives

- Understand how communication skills, social interaction, routine and sensory processing impact on autistic individuals' lives.
- Introduce the concept of neurodiversity and how this relates to autistic people.
- Gain a greater understanding of how autism presents itself in individuals.
- Identify practical tips you can use to adapt your day-to-day work practises to support autistic young people and adults, specifically in a Higher Education setting.

Length

Three hours



Suitable for

Those who provide emotional and practical support to autistic individuals in a higher education setting.



Cost

£750

online delivery

£1000

in person delivery



CPD time

Three hours



Using the Careers Education Framework in your education setting

About the course

This four-hour course has been developed to support careers education professionals in their work with autistic young people. Through this course, you will develop a deeper understanding of autism and neurodivergence, the barriers autistic young people may face when accessing careers advice and transitioning into employment, and how to support those young people throughout their education and beyond by implementing the Careers Education Framework in your setting.

The Careers Education Framework is made up of two guides that provide top tips and resources for careers leaders, with one guide for mainstream settings and another for specialist settings. The tools within each guide are designed to help you develop an inclusive whole-school approach to careers guidance, with example activities, templates, guides, and learning resources that align with the eight updated Gatsby benchmarks. For more information on the Careers Education Framework resources, please [visit our website](#) or watch our short informational video [here](#).

Training objectives

- Explain what neurodiversity is, and the neurodivergent conditions associated with it.
- Explain the strengths and challenges of autism in an education setting and life beyond.
- Understand the importance of careers education in supporting autistic young people through education and to achieving beyond.
- Understand when, where and how to apply and use the Careers Education Framework in your school or college.

Length

Four hours



Suitable for

This course is suitable for careers leads, careers advisors, and leaders of both mainstream and specialist educational settings looking to adapt and improve their careers provision for autistic learners.



Cost

£1000

online delivery

£1250

in person delivery



CPD time

Four hours





Supporting autistic children and young people online

About the course

This one-hour course has been developed for those caring for or working with autistic children and young people, either at home or in school. Through this course, you will develop an understanding of the risks and harms that autistic children and young people may face while online, as well as a range of both preventative and responsive strategies for tackling those risks and harms.

Training objectives

- Understand the four categories of risk that children and young people face online, and the increased vulnerability of autistic children and young people.
- Explore strategies to help prevent autistic children and young people being harmed online.
- Identify practical tips and resources for supporting autistic children and young people who may have experienced harm online.

Length

One hours



Suitable for

Parents and carers or education professionals working with autistic children and young people.



Cost

£250

online delivery

£500

in person delivery





Transition to employment

About the course

This four-part course has been developed in partnership with a range of qualified professionals. It is aimed at autistic students who are either at university or in further education and ready to start looking for work. This course will develop participants' understanding of their own autistic differences, skills, talents and needs. It will also help them to understand their rights when requesting adjustments under the Equality Act 2010.

Training objectives

- Identify the four areas of difference that autistic people have, compared to non-autistic people and how that relates to you.
- Understanding your neurodivergent 'mix' and exploring the terminology you prefer to use.
- Understanding and advocating for your sensory needs.
- Autistic talents and skillsets – what is your unique selling point?
- Disclosure, workplace rights and how to request workplace support
- Understanding workplace culture, job-finding, recruitment adjustments and support at work.

Length

Six hours split over three days



Suitable for

Autistic people aged 16-25, with or without a formal diagnosis. No previous training experience required. This course is aimed at higher education or other support providers to commission for a group of autistic students.



Cost

£1500
online delivery

£1750
in person delivery





Get in touch

If you are interested in any of the courses outlined in this brochure, don't hesitate to get in touch with our friendly team today.

training@ambitiousaboutautism.org.uk

We are Ambitious about Autism

Ambitious about Autism is the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

Contact us

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Woodside Avenue, London N10 3JA

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✉ training@ambitiousaboutautism.org.uk

🌐 ambitiousaboutautism.org.uk

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