

# Hounslow post-16 settings

## training offer

**All courses listed below can be made bespoke for your setting. All content is differentiated for schools and post-16 settings.**

### **Making sense of autism**

This is our foundational course for post-16 providers which will develop understanding of how and why autistic learners experience the world differently, as well as providing a range of strategies for supporting them to thrive and develop independence.

### **Good autism practice**

This course goes into detail about best-practice strategies that support autistic pupils to excel in their learning while improving their well-being in post-16 provision. You'll learn about the three areas of difference that can affect autistic pupils, and what adjustments can be made to reduce their anxiety.

### **Understanding anxiety**

This is a two-hour deep dive into anxiety as experienced by autistic learners and comes with a wide range of strategies to support young people who may be navigating high levels of stress. It's perfect for pastoral teams, leadership teams, or as a whole school Continued Professional Development session!

### **Transitions to employment**

This module is a three and a half hour long session exploring supporting autistic learners through the transition into employment. It looks at the barriers autistic people may face in recruitment processes, how to work with employers to promote the inclusion of autistic learners, and how to implement a range of different supportive tools.

### **Get in touch today**

All courses can be made bespoke for your setting. For more information, or to book one of our courses for your setting, please contact [training@ambitiousaboutautism.org.uk](mailto:training@ambitiousaboutautism.org.uk).

