

# Hounslow schools training offer

## Get in touch

For more information, or to book one of our courses for your setting, please contact [training@ambitiousaboutautism.org.uk](mailto:training@ambitiousaboutautism.org.uk).

## What training modules can Ambitious about Autism offer?

### Understanding anxiety

This is a two-hour deep dive into anxiety as experienced by autistic learners and comes with a wide range of strategies to support young people who may be navigating high levels of stress. It's perfect for pastoral teams, leadership teams, or as a whole school Continued Professional Development session! This module is available for schools and post-16 settings, with differentiated content.

### Transitions in schools

This module is a three-hour training session that looks at how autistic learners may experience transitions throughout primary and secondary school, the impact these transitions can have on their education and wellbeing, and how to effectively support autistic learners with big and small transitions. This module is available for schools.

### Autism and inclusion

This module takes place over two three-hour training sessions. The first session explores behaviour incidents in schools and what can lead up to the decision to exclude a child from school, as well as what makes exclusion lawful or unlawful, and the impact of these decisions on autistic learners. The second session focuses on building an inclusive culture within schools that can help to prevent the need for exclusion of learners. This module is available for schools.

### Understanding anxious non-attendance

This module is a two-hour training session that looks at anxious non attendance (also referred to as emotionally based school avoidance). The module will help identify causes of anxious non-attendance and reasonable adjustments that can be made to support autistic pupils to attend school, as well as options to explore should attendance break down.

### Understanding anxiety and transitions in schools package

Hounslow schools can also access a package that includes both the Understanding Anxiety and Transitions in Schools modules for a discounted price.

## What training can Hounslow Local Authority offer?

All Hounslow schools can access the Autism Education Trust courses 'making sense of autism' and 'good autism practice' for free. For more information please reach out to [claire.wraight@hounslow.gov.uk](mailto:claire.wraight@hounslow.gov.uk)

