

# Kingston-upon-Thames

## local authority training offer

All courses listed below can be made bespoke for your setting. All content is differentiated for schools and post-16 settings.

### **Making sense of autism (schools and post-16)**

This is our foundational course for post-16 providers which will develop understanding of how and why autistic learners experience the world differently, as well as providing a range of strategies for supporting them to thrive and develop independence.

### **Good autism practice (schools and post-16)**

This course goes into detail about best-practice strategies that support autistic pupils to excel in their learning while improving their well-being in post-16 provision. You'll learn about the three areas of difference that can affect autistic pupils, and what adjustments can be made to reduce their anxiety.

### **Understanding anxiety (schools and post-16)**

This is a two-hour deep dive into anxiety as experienced by autistic learners and comes with a wide range of strategies to support young people who may be navigating high levels of stress. This module is available for schools and post-16 settings.

### **Transitions in schools (schools)**

This module is a three-hour training session that looks at how autistic learners may experience transitions throughout primary and secondary school, the impact these transitions can have on their education and wellbeing, and how to effectively support autistic learners with big and small transitions. This module is available for schools.

### **Get in touch**

For more information, or to book one of our courses for your setting, please contact [training@ambitiousaboutautism.org.uk](mailto:training@ambitiousaboutautism.org.uk).



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### Autism and inclusion (schools)

This module takes place over two three-hour training sessions. The first session explores behaviour incidents in schools, and what can lead up to the decision to exclude a child from school, as well as what makes an exclusion lawful or unlawful, and the impact of these decisions on autistic learners. The second session focuses on building an inclusive culture within schools that can help to prevent the need for exclusion of learners. This module is available for schools.

### Transitions to employment (post-16)

This module is a three and a half hour long session exploring supporting autistic learners through the transition into employment. It looks at the barriers autistic people may face in recruitment processes, how to work with employers to promote the inclusion of autistic learners, and how to implement a range of different supportive tools. This module is available for post-16 settings.

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