Including autistic young people in youth groups
What is Include Autism?

Include Autism is a project that has been funded by Comic Relief.

There were three project meetings and online consultations with autistic young people, parents and youth professionals.

Within this project we created a toolkit and guide called Include Autism which will give people advice on how to make youth groups and clubs accessible and autism-friendly.

We are also developed a workshop to train up youth groups around the country on how to make use of the guide.
What did we do?

• The meetings were held on December 8th, January 12th and February.

• We collected feedback about youth groups from autistic young people to become part of the guide.

• We co-created and co-delivered workshops to youth organisations to teach them about being inclusive.

• The youth patrons involved with the project decided on the toolkit and workshop design.
Why did we do this project?

- The Youth Patrons told us that Youth Council an inclusive place to be.
- Youth Groups across the country haven’t always been inclusive of autistic young people or their support needs.
- We want to change youth groups to be a better environment for autistic young people.
- To do this we needed to create a resource and make this something people want to learn about.
- We are gathered ideas and feedback so that the project was led by autistic young people and relevant to what they are interested in.